

# NewsLink

NEWSLETTER



## Welcome all to the Autumn edition

According to the Bureau of Meteorology summer rainfall was generally below average across most suburbs of Greater Melbourne. Both daytime and night-time temperatures were warmer than average.

### Below average rainfall

- Summer rainfall was below average at all sites in Greater Melbourne.
- Rainfall totals ranged from 44% of average at Viewbank to 108% of average at Laverton RAAF.
- Rainfall in December and February was less than average at most reporting sites, while in January rainfall was near-average to above average at most sites in Greater Melbourne.

## 10 years ago at SPDL

In the April 2012 newsletter, there was an update on the Committee of Management membership with a few changes. Glenda Beale took over as Chair and it's interesting to note that a few of our current volunteers were on the Committee way back in 2012, namely Helen Littlejohn, Clare Doyle and Fran Jackson. Martin Foley MP was the Public Officer and has been a long-time supporter of SPDL.

### SPDL Committee of Management membership 2012

#### CHAIRPERSON

Glenda Beale

#### DEPUTY CHAIRPERSON

Clare Doyle

#### SECRETARY

Lilian Lethborg

#### TREASURER

Ross Garrett

#### PUBLIC OFFICER

Martin Foley MP

**MEMBERS** Betty Harrison, Helen Littlejohn, Steve Roper, Joanne Lye, Meryll Hansen, Adam Saunders and Fran Jackson

## Volunteer Update

SPDL celebrated National Volunteers Week with an afternoon tea on Tuesday 17th May. There was a good turnout with approximately 30 volunteers in attendance.

Guest speaker was Ana Music from Star Health. Ana's role is based at the St Kilda Mental Health and Wellbeing Hub providing support for any Individuals needing support in the Bayside area.

SPDL also introduced our two new Volunteer & Client Intake Co-ordinators who are working on a job share arrangement.

- Ivano Abram (Monday to Wednesday)
- Maria Anes (Thursday to Friday)



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## Feedback process

If you would like to provide us with feedback, good or bad we would like to hear from you.

Feedback may be provided a number of ways:

- **Phone us on 9646 6362** and ask to speak to the General Manager
- Write to the General Manager at SPDL PO Box 199, Port Melbourne Vic 3207
- Write to the Committee of Management c/o SPDL PO Box 199, Port Melbourne VIC 3207

## Community Transport Week

On Monday the 28th March we celebrated 40 years of Community Transport in Victoria for which South Port Day Links has been a part of this journey most of the time.

The guest of honour for the day was SPDL founder Beris Campbell AOM who spoke passionately about the early days and getting SPDL established and some of the challenges that had to be met along the way. It was a good opportunity to reflect back on how far SPDL has become from those early days.

The agenda for the day was broken down into 4 decades and discussion centred around some of the key milestones for SPDL. Key speakers included Beris Campbell, Fran Jackson who is a former Committee of Management member and current volunteer driver, Rita Poole who has been a client since 2008 and Ray Babbage who has been a volunteer driver since 2015.



### Key milestones

#### 1988 to 1998

- 1992 First SPDL AGM held
- 1993 Launch of first community car

#### 1999 to 2009

- Change in DHHS HACC funding guidelines, capital funding for vehicles no longer available.
- This meant new fundraising campaigns had to be developed.
- Switch from petrol to LPG for the vehicles.
- Telstra sponsored a DayLinks vehicle

#### 2010 to 2020

- 2014 First Honda Odyssey purchased

#### 2021 +

- Fleet of 5 vehicles
- Expansion of services into the City of Melbourne





## Spotlight on a client JOSEPHINE SIMSA

This month we are putting the spotlight on a long-term client of SPDL Josephine Simsa.

### A little bit about Josephine

Josephine was born in St Kilda and although she has worked in many places during her career, Josephine has always had a base in the City of Port Phillip.

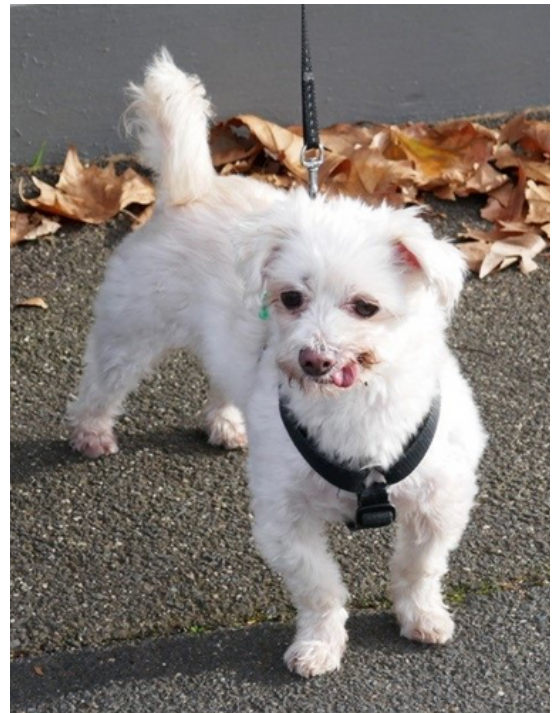
### Career

Josephine worked in the field of supporting refugees in emergency situations following wars or natural disasters, in South Asia and countries of Africa. Her work was mainly overseas, working for UK/ European organisations providing emergency relief and establishing programs of support while working in many refugee camps. Josephine fell into this line of work after completing a Masters of Sociology as a mature aged student. Josephine was responsible for managing multidisciplinary teams in what would have been challenging circumstances.

### Hobbies

Josephine is a talented musician and is currently in 2 bands, one formed in 2004 that plays a broad base of world music and a 2nd band formed in 2017 that plays Jazz from the 1930s & 40s. Josephine plays the keyboards and the bands mainly play in aged care homes or for community groups.

Another passion for Josephine is to adopt old aged dogs. Her current dog Bam Bam is 14 years old and has been with Josephine for 3 years. All her dogs have been very grateful to have a home and are very happy. Bam Bam has a very bubbly personality and is more like a 2 year old, rather than an older dog. This is Josephine's 4th dog under the save a dog scheme.



### How did Josephine find SPDL?

Josephine found SPDL back in 2005 and post surgery was looking for assistance with dog walking. Josephine was aware of SPDL having used the community transport service. Josephine appreciates having SPDL services available through PetMates with regular dog walking that enables her to have a dog as a companion, enjoying the benefits of having a pet. There are currently 2 volunteers that walk Bam Bam and Josephine enjoys a strong friendship with both volunteers and Josephine is still friends with some of the past volunteers as well.

## Client contributions to the newsletter

If any client would like to contribute to the newsletter with any information, please contact **Ed Holmes on 9646 6362 or via email on [ed.holmes@spdl.org.au](mailto:ed.holmes@spdl.org.au)**, we look forward to hearing from you.



## Trips to Flu or Covid 19 booster vaccination appointments

Just a reminder if anyone needs transportation to an appointment for their Flu or COVID booster vaccination during the hours of 8:30 am to 4pm Monday to Friday, please contact us on 9646 6362, hopefully we can assist you to have a flu shot or vaccination.

Under the National Immunisation Program (NIP), flu vaccinations are free if you are aged 65 years or older. For COVID, you need a booster to stay up to date with your vaccinations if you are 16 years and over.

**We encourage all volunteers, staff, and clients to make sure you have both your vaccinations this winter season.**

## City of Melbourne

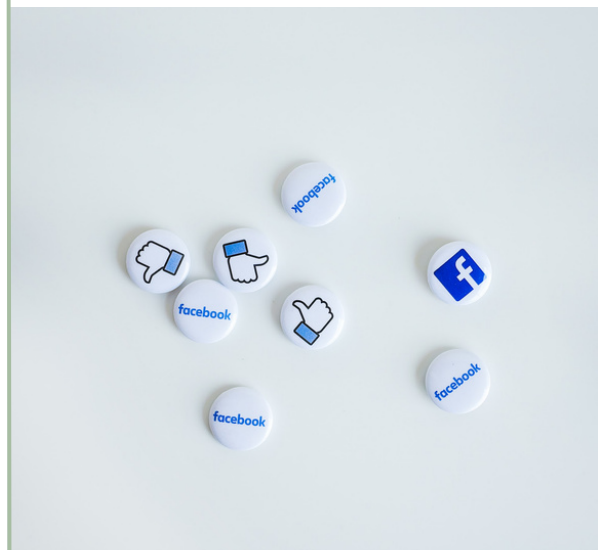
A reminder that SPDL is now able to provide transportation in the City of Melbourne for clients, aligned to the feedback we received in the client survey. This includes return trips to the Alfred Hospital.

If any client would like to attend an appointment or event in the City of Melbourne, please call to book on 9646 6362 and please remember to phone prior to 2pm the day before your trip so that we can accommodate your request.

## Facebook

Just to let you know that SPDL has a Facebook page where you can keep up to date on what is happening at SPDL and also make a comment on any news. If you wanted to post a message to friends or the people of the City of Port Phillip, send it through to us and we can post it on the SPDL Facebook page.

<https://bit.ly/3zblfp7>





## Leaving a bequest to SPDL

Leaving a bequest in your Will is one of the most valuable ways that you can assist South Port Day Links. Bequests greatly assist SPDL to meet the ever-increasing demands for our services.

Your Gift will enable us to:

- maintain a modern, clean, and safe fleet of vehicles on the road
- provide important services to pets and their owners
- assist with client related small gardening projects and
- provide companion visits to people on their own.

SPDL would appreciate knowing of your kind intentions so we can thank you appropriately for your generosity. Additionally, once aware of your plans, we are able to discuss how your gift may be used to maximum benefit or how we may form a fitting memorial to your kindness.

### How to word your bequest

The wording below is suggested to help ensure that your wishes are carried out.

I \_\_\_\_\_ of \_\_\_\_\_  
(name) (address)

*Give and bequeath free of all duties and taxes payable at my death (if any)  
(Please insert the appropriate statement listed below)*

1. The sum of \$ \_\_\_\_\_
2. (insert number) % of my estate
3. The residue of my estate (or [insert number] % of the residue of my estate)

*to South Port Day Links (ABN 82 957 361 749) for the use and purposes of the said organisation. The official receipt of the organisation shall be a full and sufficient discharge of my bequest.*

### Types of bequests

Your solicitor or trustee company will advise you about the different types of bequests and which may suit you best.

Some of the types you may consider are:

- A specific dollar amount
- Residue - Whole, which means that after your allocated bequests have been distributed, the residue will be left to South Port Day Links.
- Residue - Percentage, which means the same as residue - whole, except you wish to bequeath a percentage of the remaining estate.

Specific item - If you wish to leave a specific item instead, for example, property or shares.